

Do you...

want to finish school?

Find a job? Get your

OWN APARTMENT?

Are you worried about

how you will make it

on your own? Are you

looking for a place where

you can be yourself?

Come see us at

The ROAD

303-982-6755

www.theroad4youth.org

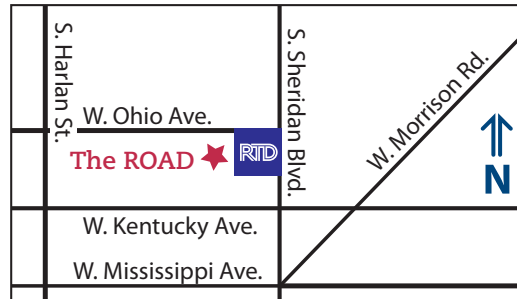


5220 W. Ohio Ave.
Lakewood, CO 80226
at Brady High School
303-982-6755

Services at The ROAD are free to participants
thanks to the generous financial support of:

Jefferson Center for Mental Health

Forest Heights Lodge Fund



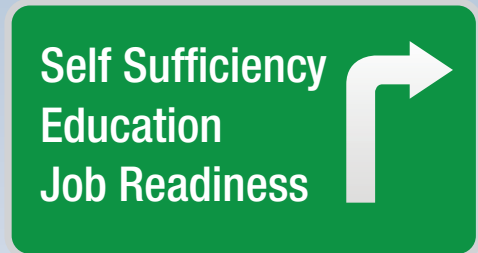
Jefferson Center
for mental health
With you in mind

10/2017



Drop-in & Resource Center
for Youth Ages 15 - 22

303-982-6755
www.theroad4youth.org



5220 W. Ohio Ave. • Lakewood, CO 80226
at Brady High School



The ROAD provides transitional services to develop the skills necessary to positively transition to adulthood, avoid risky behavior and achieve greater self-sufficiency.

The ROAD is an award-winning drop-in resource center for youth, ages 15 to 22, who live in the Jefferson, Gilpin or Clear Creek County areas. All of the activities offered at **The ROAD** help you develop as a person and learn the skills to make it on your own. As a program of Jefferson Center for Mental Health, **The ROAD** is staffed by mental health professionals, interns and volunteers, all of whom are invested in making your time at **The ROAD** beneficial, fun and safe.

Services at **The ROAD** are designed to engage you in setting your own goals, designing your own future.

Enhance your leadership potential and skills. Increase your confidence and comfort to lead others.

The ROAD

Transition Services

- **BrainWise** – Join this group to build your critical thinking and decision making skills. Learn to control impulsive behavior, identify choices and assess the consequences of your actions.
- **Independent Living Skills** – Learn how to budget, shop and cook, fix your car, find an apartment and a job. Your weekly participation earns you incentives needed to help you achieve greater independence.
- **Healthy Relationships** – Discuss the key relationships in your life – friends, family, girlfriends, boyfriends, etc. What is healthy and productive? What should you expect from other people in your life?

Counseling and other mental health services are available through **The ROAD** and **CrossRoads** programs.

Please contact **303-982-6755**

- **Jobs** – Receive help with job readiness and job search, resume writing, mock interviews, job application assistance and more. The program is available to youth ages 15-22.
- **HSE (High School Equivalency)** – If you're between the ages of 17 and 25, we can help you study for your GED, TASC or HiSET with FREE tutoring by an education specialist.

Drop-in & Resource Center for Youth

School year hours (September – May) • 2:00 – 6:30 p.m.

Summer hours (June – August) • 1:00 – 6:00 p.m.

The drop-in center is a welcoming and safe place for you to spend time and be yourself. We strive to provide an environment that is both supportive and enjoyable.

We offer:

**Basketball • Computers (on-site) • Food • Fun Activities
Games • Movies • Pool Table • Video Games**

Presentations on:

Careers • Job Skills • Housing • Health • Cooking

“If you don't like the road you're walking, start paving another one.” – Dolly Parton